

Project Great Outdoors Rafting Timeline:

9:00am – Meet at River. Please have your group use the restrooms (it was a long drive) and get ready for the river (change clothing, empty pockets of electronics and anything they don't want to lose or get wet). Please get give your lunch to a volunteer for us to pack.

9:15am – Introductions and Name Game

9:30am – Drivers leave on Shuttle (please make sure that your vehicles have gas). Group plays games and initiatives with facilitator while the rest of the volunteers prepare the boats and gear.

10:30 – Drivers arrive back from shuttle

10:45 – Safety and Fun Talk, the group's attention is important during this talk as a Guide will be giving information about Safety both on and off the river. Other Guides will finish preparing boats.

11:00 – GO Rafting! The section before lunch is a calmer class II section where the youth can learn the guide commands, how to work as a team, and possibly practice pulling swimmers in (yep that means those who want can jump in once they have been given the go ahead from their Guide).

Around 12:30-1:30 Lunch! The time you get to lunch depends on how the flow of the river, how much your group swims, and any other unforeseen events. You will have lunch on the side of the river and the youth will be able to swim (with their personal flotation devices on). Your leaders will be asked to help set up and clean up lunch. Pit toilets are available at this time.

1-1:30 – Get ready for the Gorge! This is when the river picks up! There are several class III rapids including Satan's Cesspool and Hospital Bar. The youth will need to listen to their guide and work together as a team (aren't you glad you were able to practice before lunch).

Around 4:30 – Arrive to take out (the time you get to take-out can vary depending on the flow and any unforeseen events). As a part of a great paddle crew the group will be asked to help carry boats and gear and to help put the gear into the vehicles to go back to PGO locker.

Before you leave we will have a closing circle to wrap up the day. This is a great time for the youth to reflect on what they learned and the great time they had, and the volunteers appreciate hearing their favorite part of the day.

See you next year!

All times are approximate and can vary due to arrival times, river flows, group dynamics, and other unforeseen events